



Full Moon Energy Alignment



Date

Sign

Key Energies

Which planets affect the moon and how?

Current Limiting Beliefs

People and Circumstances to Forgive and Let Go



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I forgive and let go of the past to make room for ...
(Insert your New Moon Intentions here or make up new ones)

What am I grateful for?

Mantra

"As I express myself with love life brings me all I need
I know that I am blessed and I live my life within that knowing"

Notes